

# *The Creative Box Page*

Issue #1103



Just a Batch of Encouragement!  
**ENJOY!**

## **BAKE WITH LOVE**

As I travel and speak at various events, I take note of all the wonderful ideas that our ladies are "baking" in their women's ministries. I did notice four key ingredients that they all shared and I will use the word **BAKE** as an acronym to describe these qualities:

- **B = Bravery.** They had courage. Courage to try new ideas in order to reach others with the good news. Courage to face uncertainties but try anyway and learn from their experience. *"Be of good courage, and He shall strengthen your heart,..."* ~ Psalm 31:24
- **A = Animated.** They were full of life and excitement. No matter what unexpected obstacles came their way, they remained joyful in the Lord. *"...the joy of the Lord is your strength."* ~ Nehemiah 8:10
- **K = Kindhearted.** A heart full of kindness was evident by their friendly, generous and warm-hearted nature. They treated others as God treats them. *"Love is patient, love is kind,..."* ~ 1 Corinthians 13:4; *"Be kind and compassionate to one another,..."* ~ Ephesians 4:32
- **E = Enthusiasm.** Wow! These women were enthusiastic about women's ministries and its message. The word enthusiasm comes from the ancient Greek word *eufousiasmz EN +THEOS* meaning "inspired by God." They realized that as long as God filled them with His Spirit, they were able to persevere in their ministry and do it with gladness of heart. It is no wonder that Ephesians 6:7 reads, *"Work with enthusiasm, as though you were working for the Lord rather than for people."*

May we all be encouraged to possess these four ingredients in whatever ministry the Lord has called us to do. The outcome will surely be good if all is *baked* with love!



## SHARING THE GOODNESS

I love presenting workshops. It allows for audience participation which helps in learning. Not only this, but it develops a real camaraderie after spending time in group activities. Workshops that meet women's needs presented in a non-judgmental, relaxing and fun atmosphere can be a wonderful method to bring others to the knowledge of Jesus as their Saviour.

***"Christ's method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence. Then He bade them, "Follow Me." - The Ministry of Healing, pg. 143***

Here are some workshop ideas:

- Cooking Skills
- Dealing with Anger
- Dealing with Depression
- Stress Management
- Time Management
- Flower Arranging
- Leadership
- Mentoring
- Prayer
- Parenting Skills
- Single Parenting Skills
- Gardening

You can bring in a guest speaker to present a workshop or if you would like to present a workshop, here are some quick tips:

- Pray. Pray. Pray.
- What are your goals for the workshop? Define them.
- Create an outline for your workshop in order to achieve your goals. List your main points and break down each point in to details that you want to communicate to the participants.
- Make a list of the visual aids you will need whether you will use props or PowerPoint or both.
- List any group discussions and activities you will have with each point of your workshop. Take note of how much time you will need for each exercise. Creative exercises will get everyone relaxed and involved. Also take in to consideration the size of your group: Do you need to separate the audience in to smaller groups in order to have more control and encourage group participation?

- Plan a workshop in the morning or late afternoon.
- Advertise. Send out flyers, emails, etc.
- Pray. Pray. Pray.
- Begin the meeting with a few icebreakers to help everyone relax and feel more comfortable.

Remember to pass out a questionnaire at the end of each presentation. Ask for their thoughts regarding the presentation. This will help you learn and grow as you see what areas need improvement.

If you would like to present a workshop and need assistance, please feel free to contact me. I will be more than happy to help!



*"I do everything to spread the Good News and share in its blessings." - 1 Corinthians 9:23*

### *"What do I do if I burn a "batch" in the oven?"*

First thing, DON'T PANIC! AND DON'T GET DISCOURAGED! At times, things may not go well, but don't give up! Try, try again. And also try the following ways to overcome discouragement:

- Pray. God knows how you feel and He understands. Vent your frustrations to Him and remember that you can leave them all at His feet for He cares for you.
- Rely on His Promises. There are plenty of Bible promises you can hang on to. He is faithful and His promises are true.
- Be still and Know that He is God! Remember that God is all-powerful. The One who holds the world in place will surely be able to give you strength to carry on.
- Prepare Yourself for Obstacles. Jesus told us that we will have trouble while in this world but that we should be of good cheer for He has overcome the world. Nothing is impossible for Him.
- Time to Fill Up! Take time to refresh and renew your spiritual life. Close the door behind you and have time with God alone.
- Remember Your Health. Eat healthy, exercise, get enough sleep, drink plenty of water, and take in fresh air.
- Laugh! After all, this is the best medicine.
- Talk to Someone. Is there a friend who is positive and encouraging? Their positive presence will do you good.
- Don't Give Up!

*"So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up."*

~ Galatians 6:9

