



Issue #1201

# Creative Box Page

Creative Ideas ~ Encouragement ~ Ministry Support

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*"Proper Planning Prevents Poor Performance."*

## TEEN CHALLENGE

*"We will tell the next generation the praiseworthy deeds of the LORD, his power, and the wonders He has done." ~Psalm 78:4*

I have often been asked, *"Do you have any ideas for our Teen Retreat?"* I understand this can be a challenge but it can also be an opportunity for the young ladies to draw closer to God. Therefore, I hope the following information will get your creative juices flowing as you plan an uplifting and creative retreat:

**THEMES.** Make it catchy and interesting. Here are some theme ideas: *"God's Beauty Shop"*; *"Teen Island Survival"*; *"Diamond Girl"*; and *"Up! Up! And Away!"*. As you create the marketing material, themes like these will be sure to capture curiosity and attendance.

**ACTIVITIES.** This is where it gets fun! Keeping the young ladies busy is one of the keys for a successful teen retreat. Activities will depend largely on the theme chosen. I will share with you some general ideas that can be applied to any event:

- Coloring. It really does not matter how old you are, coloring is fun, relaxing and entertaining. Have pictures relating to theme for the young ladies to color.
- Crafts. Let it flow with the theme and make sure to apply a spiritual lesson. Crafts can be done by themselves or in groups.
- How-To "Anything". You can have someone from your church teach a special skill such as cooking a special dish, the correct way to sew a button on your shirt/pant, reading music notes, how to communicate via sign-language, etc.

### Interactive Activities:

- Begin each session with ice-breakers to help them relax and be more attentive.
- Ask plenty of questions relating to the theme. This will encourage participation.
- Have time for testimonies. An adult can begin by giving their testimony of something that

## The 4 P's of Time Management:

As you plan your day, keep the following tips in mind:



**P = Prioritize.** Establish what is urgent today and demands your immediate attention.

**P = Plan.** Plan ahead.

**P = Practice.** Practice makes perfect so be careful what you practice. Therefore, practice to be on time, practice delegation, practice stress management, practice flexibility, practice understanding, practice patience, etc. Just practice those things that will be beneficial to you and to those around you.

**P = Prize.** As you set goals and break them down to years, months, weeks, and days, just remember to keep your eye on the prize. Consider what you can do today to get closer to your goal(s).

## Ideas for your WM Goals:

Have the ladies. . .

- become Prayer Warriors.
- get to know each other better.
- walk closer to God.
- do more outreach events.
- become mentors.
- become better mothers and wives.
- live to their full potential by finding their God-given gifts/talents.
- bring their friends and families to church activities.



## Do you have WM creative idea(s) you would like to share with other WM Leaders?



If so, please e-mail them to me at: [creativebox.dj@gmail.com](mailto:creativebox.dj@gmail.com)

happened when they were a teen and how God helped them. I have found that many young girls have something to say and long to have someone just willing to listen.

**PRAY!** Sprinkle prayer times throughout your retreat. Ask for special prayer requests and pray, pray, pray! You can also set-up a prayer closet that relate to the teen retreat theme. Other ideas for a prayer closet can relate to: How to Pray; Prayer and Praise; Prayer Journaling; Prayer and Bible Study; etc.

**SING!** Praises to God will invite the atmosphere of heaven to your retreat. Have the young ladies lead out in song service.

**SMILE!** A friendly, compassionate, understanding and approachable disposition from the adults leading out will do wonders at a teen retreat.

Most importantly, pray and trust that the Holy Spirit will guide your planning process.

***"Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight."***

*- Proverbs 3:5-6*

If you need assistance with planning a teen retreat/event, please do not hesitate to contact me:[creativebox.dj@gmail.com](mailto:creativebox.dj@gmail.com)

***Would love to hear from you!***

*I would love to speak/present a workshop at your next event. Please e-mail me your request to: [creativebox.dj@gmail.com](mailto:creativebox.dj@gmail.com).*

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